

Kins

THE KINS ACTIVITY JOURNALS

YEAR 6 / AGES 6-7

The explorer year

My year at 6



DRAW / PLAY / DISCOVER

THIS JOURNAL BELONGS TO

A4 / 51 PAGES / FREE TO PRINT AND KEEP



Your year. Your ideas. Your way.

This book is yours! Draw, play, invent and tell your stories. You can write a little, use pictures or ask someone to write your words. Start with a page you like. Invite a grown-up to help whenever you want.

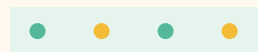
Year 6 means the year from your 6th birthday to just before you turn 7. It is an age, not a school year. Start on your birthday, today or by looking back.

INSIDE THIS CHAPTER

A snapshot of me	03
Creative activities and my stories	04-37
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Looking back, looking ahead	51

Ready when you are

Print on A4 at actual size or choose fit to page. Single-sided printing leaves space for extra notes; double-sided printing works too. Print the whole book or only the pages you want. Use copies of keepsakes you would like to preserve separately.



A snapshot of me

Keep the details that feel like you at this age.

A portrait, drawing or
description

My name or what I like to be called

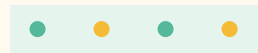
My birthday / the dates this book covers

A place or group that matters to me

Three words I choose for myself

What I enjoy right now

A memory I want to keep



My school-day story

Tell the story of a day of learning, at school or elsewhere.

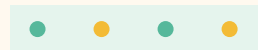
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

A person who helped
me

Something I enjoyed
learning

A moment I want to
remember



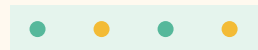
The book I chose

Keep a book, comic or story you wanted to hear again.

The title and who shared it

My favourite part

A character I would like to meet



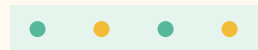
A question I asked

Sometimes a good question is the beginning of an adventure.

My question

What I found out

What I still wonder



The day my toy came alive

Make up a tiny adventure. Draw each part and add words if you like.

1. A toy wakes up

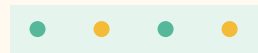
Words or a caption (optional)

2. Something funny happens

Words or a caption (optional)

3. How the adventure ends

Words or a caption (optional)



My adventure map

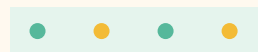
Draw a real or made-up place. Add a path, a hiding place and something surprising.

Doodle, map, collage or design here

Where I start

A surprise on the way

My favourite place



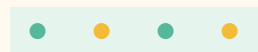
Invent a silly creature

Give your creature a name, draw it and imagine what it can do.

My creature and its name

Its special skill

A game we would play



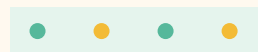
My own words

Tell a story. Write it, draw it or ask someone to write your words.

My story begins

Then this happened

The ending I chose



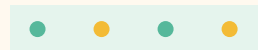
Making a friend

Remember a moment you felt welcome.

Who I spent time with

What we enjoyed together

Something kind they did



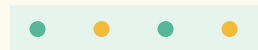
Being a friend

Keep a small moment of kindness.

Someone I helped

What I did

How it felt



After learning, I like...

What do you like to do when your learning day is over?

The first thing I do

A snack or game I like

Who I spend time with



A brave try

Brave can mean trying something small with help.

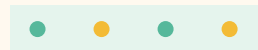
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

What I tried

Who helped me

What I would tell myself
next time



The sound of my laugh

Remember something that made you really laugh.

What happened

Who was there

The words we keep repeating

My colourful treehouse

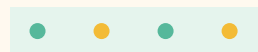
Colour the garden and treehouse. Choose any colours you like. Add one tiny surprise of your own.



My favourite colour

My tiny surprise

A name for this place



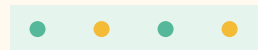
My favourite meal

Keep a meal you enjoy, without needing a special occasion.

What we ate

Who made or shared it

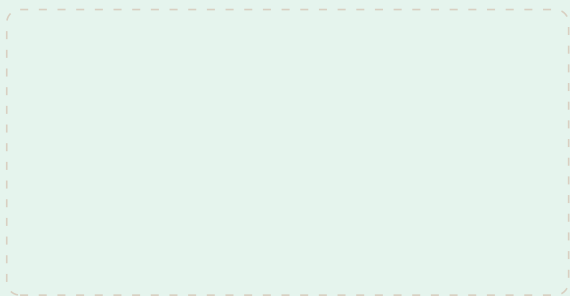
What I like about it



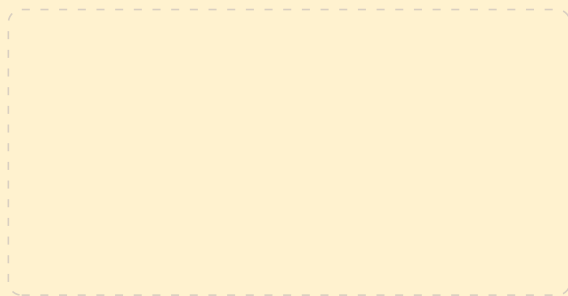
My little discovery hunt

Look around with someone you trust. Draw a find in each box, or invent one.

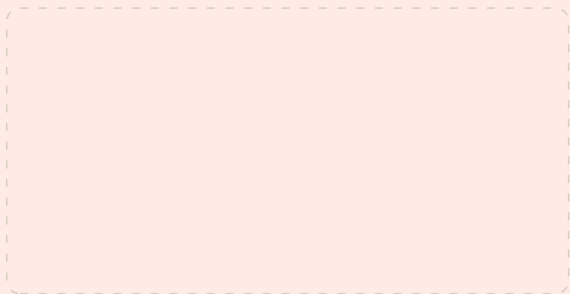
Something round



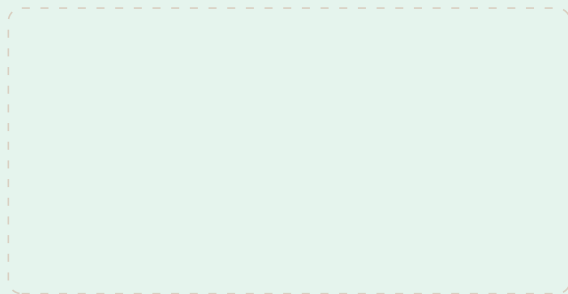
Something yellow



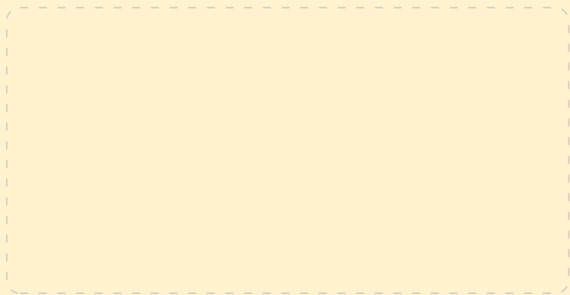
A funny sound



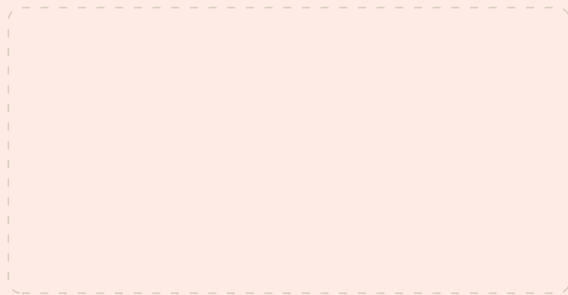
A tiny creature

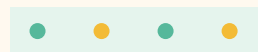


An interesting leaf



Your own discovery





My birthday at six

Remember the day in whatever way you celebrated.

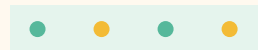
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

Who was with me

Something we did

A moment to keep



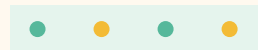
A family tradition

A repeated small thing can become a favourite memory.

What we do

Who joins in

The part I look forward to



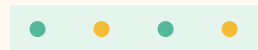
Moving my way

Keep a moment of play or movement you enjoyed.

What I did

Where I was

How it made me feel



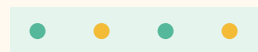
I can help with that

Save a job you did by yourself or alongside someone.

My job

How I did it

A part I was pleased with



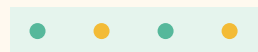
A new word

Words can be funny, useful or lovely to say.

My word

What it means to me

A sentence with my word



A song for this year

Keep the music you wanted to hear.

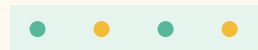
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

The song or sound

When we played it

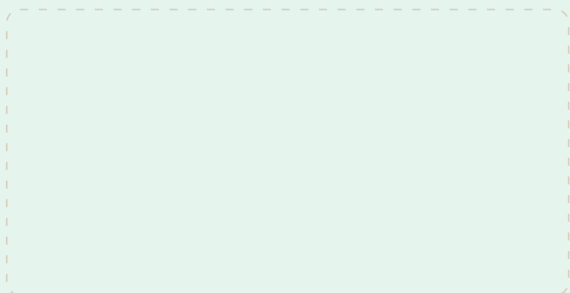
Why I chose it



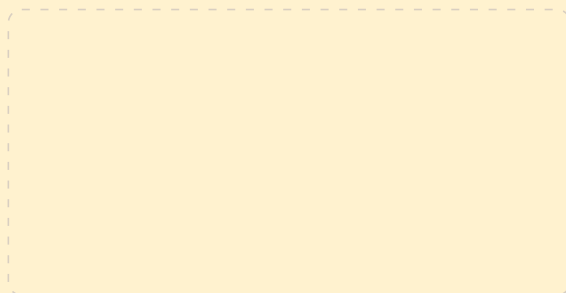
My favourites gallery

Draw a favourite in each little frame. You can change the labels to make them yours.

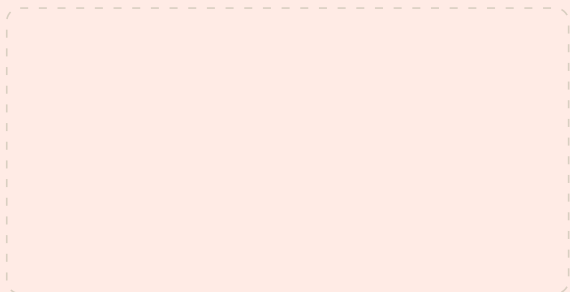
A game



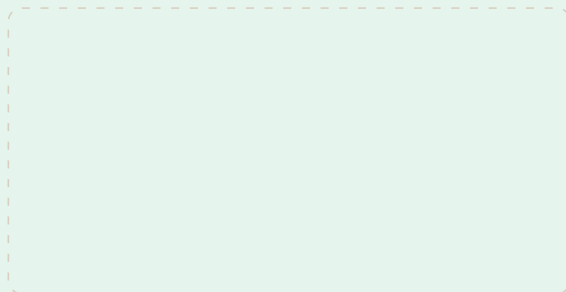
A story



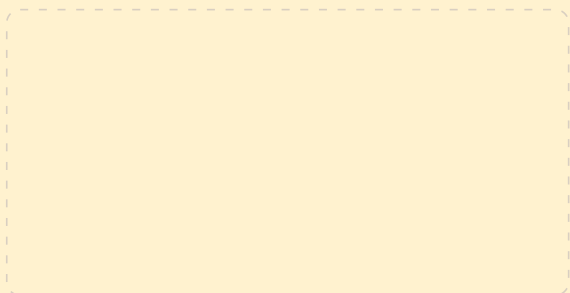
A place



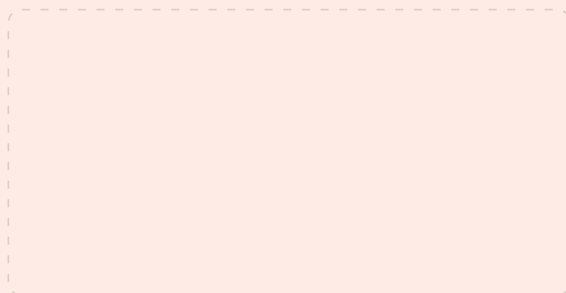
A snack



An animal



A favourite of my own



Finish my playground

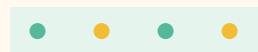
The picture has only just begun! Follow the stepping stones into the empty space. Draw somewhere you would love to play, then colour it.



My new play idea

Who could join in

A name for my
playground



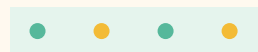
When it rained

Keep a day when the weather changed the plan.

Our first plan

What we did instead

The best bit



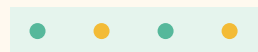
Something felt tricky

Tell the story kindly. You do not have to solve it here.

What happened

What helped a little

Who I could talk to



My quiet corner

Draw or describe somewhere you like to settle.

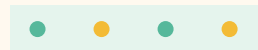
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

Where it is

What I keep there

What I like doing there



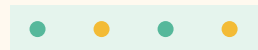
My small collection

Leaves, drawings, tickets or imagined treasures all count.

What I collect

My favourite piece

The story of how I found it



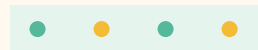
A celebration to keep

Remember a festival, gathering or day that mattered.

What the day was called

Who was there

A detail I want to save



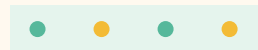
Our ordinary weekend

Keep a weekend that felt like us.

What we did

A small conversation

Something I would do again



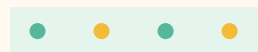
A photo I chose

Choose a photo, draw the moment or describe it.

Who or what is in it

What happened just before

Why I chose this memory



Something I practised

Remember the trying as much as the result.

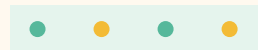
PHOTO, DRAWING, MEMENTO OR YOUR OWN WORDS

Use this space in your own way.

What I worked on

How I practised

Something I noticed
changing



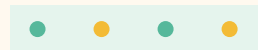
People in my world

Family, friends and other caring people can belong here.

Someone who makes me laugh

Someone who helps me

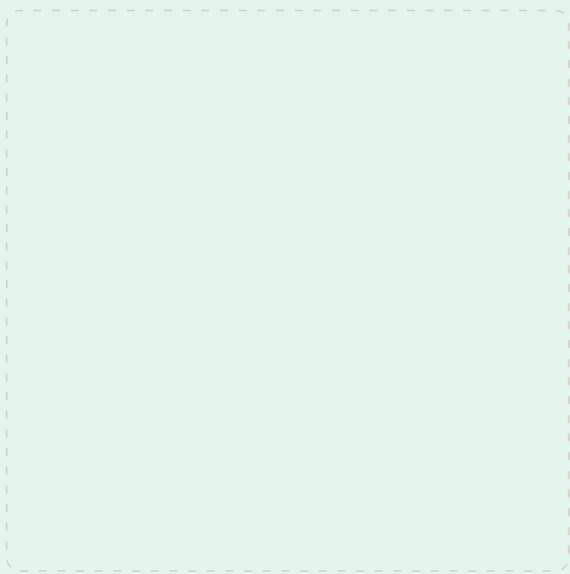
Something we enjoy together



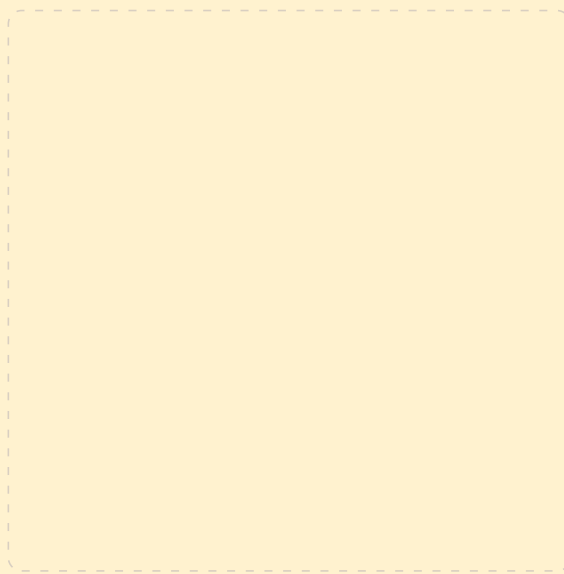
Two drawings, one surprise

Invite a parent, carer or someone you choose. Draw one funny creature each, then mix your ideas below.
On your own? Draw two different creatures.

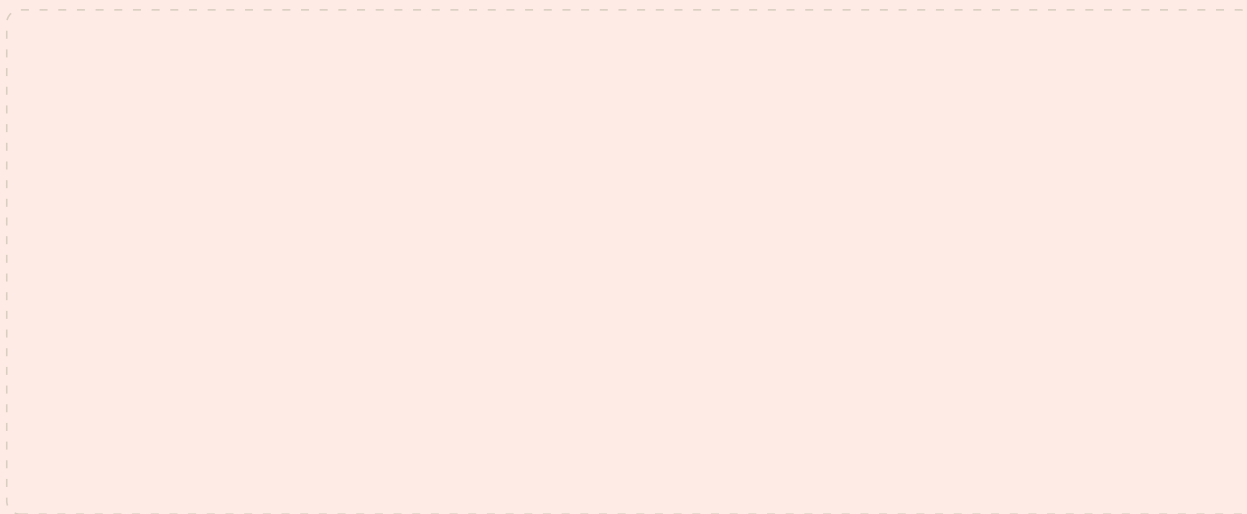
My creature

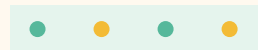


Their creature / my second one



Our mixed-up creature





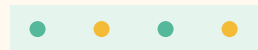
A note from someone close

Invite someone to remember this year with you.

A moment we shared

Something I love about you

My wish for your next year



Month 1: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

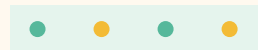
MONTH / YEAR

My month as a doodle, photo or comic

An everyday moment

Something I learned or tried

A detail I want to keep



Month 2: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

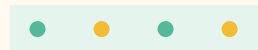
MONTH / YEAR

My month as a doodle, photo or comic

A conversation worth saving

Something I chose to do

A person who was part of my month



Month 3: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

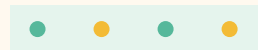
MONTH / YEAR

My month as a doodle, photo or comic

A place I spent time

Something that made me laugh

Something I am still wondering



Month 4: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

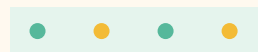
MONTH / YEAR

My month as a doodle, photo or comic

A change I noticed

A creative or playful moment

A memory I would share



Month 5: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

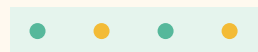
MONTH / YEAR

My month as a doodle, photo or comic

A question I explored

A moment with someone I care about

A small thing I appreciated



Month 6: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

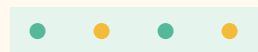
MONTH / YEAR

My month as a doodle, photo or comic

Something I kept practising

A surprise

A favourite ordinary day



Month 7: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

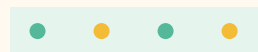
MONTH / YEAR

My month as a doodle, photo or comic

A plan and what happened

Something I noticed outside

A moment of kindness



Month 8: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

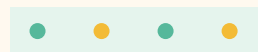
MONTH / YEAR

My month as a doodle, photo or comic

An idea of my own

Something that felt familiar

Something new to me



Month 9: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

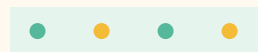
MONTH / YEAR

My month as a doodle, photo or comic

A story, song or game I enjoyed

A helpful person or moment

A detail from home



Month 10: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

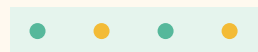
MONTH / YEAR

My month as a doodle, photo or comic

Something I helped with

A place or journey

A conversation I remember



Month 11: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

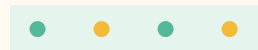
MONTH / YEAR

My month as a doodle, photo or comic

Something I feel pleased about

Something I want more time for

A memory with a friend



Month 12: draw, try, remember

Choose any month. Add a doodle, a new idea and one moment you would replay.

MONTH / YEAR

My month as a doodle, photo or comic

A favourite moment this month

Something that changed

Something I want to keep doing

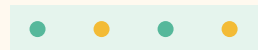


A letter to my future self

Draw a note, write a few words or tell someone what to write. Choose when to read it again.

WRITTEN ON / TO BE OPENED WHEN

What do I like right now? What would I like to try? What do I want to remember?



Looking back, looking ahead

There is no need for a perfect ending. Keep what matters to you.

My favourite memory

Something I learned about myself

Something I might try at 7

A little of today, kept for tomorrow.

Keep creating. Keep changing your mind. This book is yours. Find more free journals and activities at kins.love/free-booklets/.